

Nottingham HF Rambling Club Newsletter Dec'24 - Jan'25



www.nottinghamhframblingclub.org.uk

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Wednesday Events	Jane R	wrambles@nottinghamhframblingclub.org.uk

Coach Rambles

The cost of the Sunday coach rambles is £12 for members and £15 for non-members. This still represents great value for money. It would be helpful if everyone could bring the correct amount in cash to make things easier for the volunteers collecting the fares. Anyone who comes on a walk but does not travel on the coach will be charged £5. Payment in cash should be made to the leader of the walk.

Unless otherwise stated, the coach picks up at County Hall (usually free parking), West Bridgford at 9am, Bus Stop on Maid Marian Way (just round the corner from Mount Street) at 9.15am, then the Nuthall Pub on the A610 (free parking on the slip road to Phoenix Park Tram Terminus opposite) at 9.25 am. Please specify pick-up point when booking. Pre-booking is essential. There is an option for a pick-up in Keyworth /Tollerton (pick-up time 8.40am) but this **must** be requested in advance when booking. In the event of bad weather, please contact the organiser before leaving home.

The Sunday coach rambles are not open for booking more than two weeks in advance. Cancellations must be notified before or on the Thursday before the date of the Sunday coach ramble by phoning David & Gillian on 0115 9568375 otherwise you will be fined. Please do not turn up on a walk without booking because we may have to turn you away. Wear suitable clothing and walking boots dependant on the weather that day.

Wednesday Car/Public Transport Rambles. Unless otherwise stated these are circular walks sometimes with an optional pub lunch. Please arrive 5-10 minutes before the time advertised for the start of the walk.

2024 AGM, ANNUAL SOCIAL GATHERING

PLEASE COME AND TAKE PART - The committee would be interested in what you have to say about club policy and any suggestions you may have for social outings and walks. **We will be discussing a possible increase in coach fares on the day.**

SATURDAY 23rd NOVEMBER, 1pm to 3pm
Middle Street Resources Centre, Beeston, Notts, NG9 2AR

Coffee, tea with some biscuits and cakes, will be provided by the club in the **Large Activity Room** which is to the right as you enter the centre. Go through the cafe and on to the side corridor the door is half way along the corridor on the left. Ask at reception if you get lost. There is a bus stop and tram stop just by the entrance to the centre. Get trams to Toton Lane from Nottingham and get off at the Middle Street stop on the way into Beeston. Alternatively, catch the TrentBarton 'Indigo' from Nottingham or the NCT bus 36, they both stop outside the centre. There is also a car park at the front and rear of the centre.

CLUB ANNUAL LUNCH - SATURDAY 8th February 2025, 12:30 – 14:30
The Nuthall Pub, NG16 1PT

This year's annual club lunch will take place at Nuthall Pub. If you are interested, please sign up by talking to Jane R on a walk or using the contact details at the beginning of the newsletter. The lunch menu will be available to view in late January and your menu choices will be requested then. You will be able to pay individually for your meal/drinks on the day.

Walks Programme

Sunday 1st December

Wirksworth

Coach Ramble

- `L' party – Mick A 10.5 miles, Wirksworth, Middle Peak Quarry, Carsington, Middleton Moor, Cromford Moor, Bolehill, Wirksworth.
`M' party – Teresa M 7.5 miles. Shorter version of the above.
`S' party – Isabel H and Ann H 6.5 miles Shorter version of the above.

Booking for this walk opens on Monday 18th November at 6pm.

Reserve your seat by contacting Gillian and David W on 0115 9568375; please state your name, contact details, title and date of the walk as well as the pick-up location. **Picnic lunch for all parties.**

Wednesday 11th December

Beeston Lock – Riverside/Canal Walk

Car/Bus Ramble

- Leader: Dennis G, Mob: 07776 298121
Leader: Short walk – Jane R
- Directions by Car:** Please park at side of canal, on South Road about 50 metres before the lock. No parking at the Heritage Centre. Post Code NG9 1LZ, GR 543 357.
Directions by Bus: Take a CT4N bus: number 18 from the Bus Stop (B1), Beeston Market Hill in Nottingham to Canal Side (Sw-Bound), Beeston Rylands. Buses are once an hour, best bus at 9.45am from Nottingham arriving Beeston Rylands at 10.10am approx.

Start time: 10.15am for 10.30am. Please arrive at the Canalside Heritage Centre earlier to take food orders.

Short Walk – 5 miles. Starting from the Canalside Heritage Centre, Weir Cottages, Canal Side, Beeston Rylands, over the small bridge just before the lock on the right looking over the weir. Great walk taking in Beeston Rylands, Attenborough village, Attenborough Nature Reserve Centre, nature trails with return by the side of the Trent. All on the flat with toilet stops at both centres.

Long Walk - 7 miles. Starting from Beeston Lock a circular walk going eastward along the riverside and then back along the canal side from town. An interesting autumnal walk all on the flat taking in River Trent, River Leen and Beeston Canal.

Lunch at Heritage centre. The centre offers hot and cold food. You cannot eat your own food on the premises. They have asked for pre-order and prepayment on the day. Other options are available such as a bar and a cafe nearby. Some seating outdoors.

Non-walkers are invited to join us for lunch. Please advise the organiser in advance.

Sign up by contacting Jane R contact details at beginning of newsletter to give the leader some idea of numbers. Please state your name, contact details, the title and date of the walk when booking.

Sunday 15th December

Bakewell

Coach Ramble

- `L' party – Warren J 10 miles, Bakewell, Ashford, Monsal Head, Longstone Moor, Great Longstone, Cracknowl, Bakewell.
`M' party – Yvette G and Brenda R 7.5 miles. Shorter version of the above.
`S' party – Jane R 6.5 miles. Shorter version of the above.

This is our last walk before Christmas and if any of you would like to bring along sweets, cakes or biscuits (homemade or otherwise) for us to share on the walks or on the way home on the coach they are welcome.

Booking for this walk opens on Monday 2nd December at 6pm.

Reserve your seat by contacting Gillian and David W on 0115 9568375; please state your name, contact details, title and date of the walk as well as the pick-up location. **Picnic lunch for all parties.**

Sunday 29th December

No walk

Wednesday 8th January**Harlow Wood to Blidworth & back****Car/Bus Ramble**

Leader: Margaret C

Tel: 01159200756

Mob: 07914210390

Directions by car: Portland Training College signposted off A60 from Nottingham.

Post code NG18 4TJ

Directions by bus: Pronto every 15 minutes from Bay 4 Victoria Bus station, journey time approximately half an hour.

Start time: 10.15am for 10.30am. Walk length 6.5/7 miles. Meet near the coffee shop at the Portland Training College. Walk through woods & fields passing Alpaca farm on route. There is a new cafe on the site at the college but there are no refreshment stops on route. Picnic lunch might be a good idea in the Blidworth church grounds.

Sign up by contacting Jane R [contact details at beginning of newsletter](#) to give the leader some idea of numbers. Please state your name, contact details, the title and date of the walk when booking.

Sunday 12th January**Carsington****Coach Ramble**

'L' party – Warren J

10.5 miles. Carsington Village, Brassington, Ballidon, Bradbourne, Kniveton, Hognaston, Carsington Visitors Centre.

'M' party – Yvette G and Brenda R

7.5 miles. Shorter version of the above.

'S' party – Jane R

6.5 miles. Shorter version of the above.

Booking for this walk opens on Monday 30th December at 6pm.

Reserve your seat by contacting Gillian and David W on [0115 9568375](#); please state your name, contact details, title and date of the walk as well as the pick-up location. **[Picnic lunch for all parties.](#)**

Wednesday 22nd January**Nottingham Lace Market, Canal and the Park****City Walk**

Leader Chris T:

Mob: 07546834545

Walk starts at 10.15am for 10.30am from the Brian Clough Statue off the 'Old Market Square' through the Lace Market with a 'Surprise Garden' by kind permission of Nottingham City Council, down the Hollow Stone to the Canal and on to Nottingham Park. Back to the City Centre via the Tunnel to Derby Road. Plenty of eating places in town.

Non-walkers are invited to join us for lunch. Please advise the organiser in advance

Sign up by contacting Jane R [contact details at beginning of newsletter](#) to give the leader some idea of numbers. Please state your name, contact details, the title and date of the walk when booking.

Sunday 26th January**Cromford****Coach Ramble**

'L' party – Warren J

10 miles. Cromford, Castletop Farm, Hearthstone, Matlock, High Tor, Upperwood, Bonsal, Cromford.

'M' party – Glenis K

7.5 miles. Shorter version of the above.

'S' party – Isabel H & Ann H

6.5 miles. Shorter version of the above.

Booking for this walk opens on Monday 13th January at 6pm.

Reserve your seat by contacting Gillian and David W on [0115 9568375](#); please state your name, contact details, title and date of the walk as well as the pick-up location. **[Picnic lunch for all parties.](#)**

Kath James Obituary

Kath's life in her own words:

Kath was born on March 18th 1939 the third of the three daughters of Frank and Amy Lort who gave her the best start in life-a happy and secure childhood.

Kath failed her 11 plus and started work as an office junior going to night school to learn shorthand, typing and later O and A levels. Whilst working at a small engineering firm she was asked to get a Sam James to the phone-"are you Mr. James?" she asked. "Yes" he replied and thus started their friendship, love and in 1966 marriage and the birth of their three children Rachel, Alison and Robin.

Kath was always an energetic person, as a teenager cycling to the Isle of Wight for a weeks' holiday. Later she took on a derelict allotment and made sure her family had their "5 a day" long before the Government scheme! Nature played a huge part in Kath's life looking for wild flowers throughout the year, walking in the countryside especially in the Peak District where many a pushchair was ruined as Rachel and Alison walked and Robin was pushed over totally unsuitable terrain.

When the family became more independent Kath worked in various part time jobs, the last one being at Wilford Co Op where chatting to customers she was told of the Mechanics Institute, offering trips, social events and

educational lectures. She was also told of the Wayfarers Rambling Club offering walks of varying lengths in Notts, Derbyshire and other locations which fitted in very well with her love of nature and the great outdoors. She joined; enjoying the very friendly club atmosphere and, of course, the exercise.

As the Wayfarers didn't walk on Bank Holidays, Kath also joined the HF group which covered a similar area gaining a cup for completing their 90th anniversary walk of 90 miles.

This last paragraph from Sam is in addition the words Kath wrote:

Covid put a stop to all organised rambles but Kath together with Sam managed to keep the walking flag flying until happier times returned and she was able to re-join her club companions. She was recovering well after her recent fall and was looking forward to the day when she could be on the next coach ramble-but that day never came. Kath died at the age of 85 a few months ago.

~ SAM & KATHS LAST LAUGH ~

As Sam recalls, it was the last joke he told her, and it was well appreciated as she had howled with laughter.

THE JOKE

A biker is riding his big Harley Davidson down a freeway in Southern California with mountains on one side, the blue of the Pacific Ocean on the other. He thinks "How lovely it would be if there was a bridge across the Pacific so that I could ride my big Harley all the way to Hawaii." At that point a very magisterial Old Testament voice speaks to him from the heavens:

"You have been a good man all your life" it says "and I am minded to grant you one wish. You may wish for anything you desire and I will make it happen."

The biker immediately replies: "Then make me a bridge across the Pacific so that I may ride my Harley all the way to Hawaii."

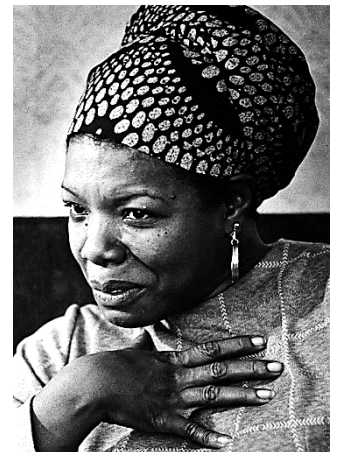
"Well," says the voice a little doubtfully, "I can make you such a bridge but have you considered the effect on the Earth's resources.? It would require all the steel and cement in the world. Can you not think of something a little less ambitious?"

The biker now realises who is talking to him and changes his request: "Instead of the bridge, teach me how to understand the mind of a woman." **(Significant pause at this point.)**

"YOU WANT TWO OR FOUR LANES ON THAT BRIDGE?"

Food for Thought

Sister, there are people who went to sleep all over the world last night, poor and rich and white and black, but they will never wake again. Sister, those who expected to rise did not, their beds became their cooling boards, and their blankets became their winding sheets. And those dead folks would give anything, anything at all for just five minutes of this weather or ten minutes of that ploughing that person was grumbling about. So you watch yourself about complaining, Sister. What you're supposed to do when you don't like a thing is change it. If you can't change it, change the way you think about it. Don't complain. ~Maya Angelou



Committee Meeting

The next committee meeting is on **Thursday 30th January**. If any member wishes to raise a topic for discussion, please let any committee member know.

Feb-March 2025 Newsletter

The next newsletter will be published in mid-January. Items for inclusion should be submitted to the editor **NO LATER THAN 27th December**

hf holidays

Better Walking Altogether

www.hfholidays.co.uk

Tel: 0845 470 8558

For details and brochures, contact: HF Holidays
Catalyst House, 720 Centennial Court,
Centennial Park, Elstree, Herts WD

A Bit of Humour

Lunch with Girlfriends by Kathy O'Malley

Elaine's vertigo has never been worse
 Kay can't recall where she left her purse
 Rhonda's about to replace her knees
 Linda's breathing is tinged with a wheeze
 Donna's left boob has a troublesome lump
 Diane's on her third trip to take a dump
 Lorraine's husband can't remember a thing
 Nine years a widow, Marge still wears her ring
 Marlene is dealing with another UTI
 Sally's giving a hearing aid another try
 Marie has decided she can't drive at night
 Sharon still wears clothes two sizes too tight
 They've been through divorces and babies and wakes
 They do for each other whatever it takes
 They've already buried Marcia and Kate
 And truthfully, Lizzie's not looking so great
 So whenever they can, they get out to eat
 Open bottles of wine and forget their sore feet
 There's laughing and crying and letting down guards
 And when the bill comes, there's ten credit cards
 So here's to the waiters who keep orders straight
 And to the places that let lunches run three hours late
 And here's to the girlfriends, those near and those far
 Here's to the girlfriends, you know who you are!!!"



GRANDPAS



HAZEL – THE DOG – A WELL KNOWN COMPANION ON OUR WEDNESDAY WALKS

