

# Nottingham HF Rambling Club Newsletter Aug-Sep 2021



[www.nottinghamhframblingclub.org.uk](http://www.nottinghamhframblingclub.org.uk)

## Club Officers

President	Warren J	president@nottinghamhframblingclub.org.uk
General Secretary	Jane R	secretary@nottinghamhframblingclub.org.uk
Treasurer	Anca V	treasurer@nottinghamhframblingclub.org.uk
Rambles Secretary	Teresa M	rambles@nottinghamhframblingclub.org.uk
Newsletter	Jane R	newsletter@nottinghamhframblingclub.org.uk
Social Events	Margaret C	outings@nottinghamhframblingclub.org.uk
Wednesday Rambles	Jane R	wrambles@nottinghamhframblingclub.org.uk

## Walks and Social Outings Programme

**Car Rambles.** Circular walks which **start** at the time indicated. Please arrive 5-10 minutes before.

**Coach Rambles.** Unless otherwise stated, the coach picks up at County Hall, West Bridgford at 9 am, Mount Street (of Maid Marian Way) at 9.10 am, then the Nuthall pub on the A610 at 9.25 am. Please specify pick-up point when booking. Fare £10.00 paid in cash on the day. Pre-booking is essential. There is an option for a pick-up in Keyworth/Tollerton (pick-up time 8.40am) but this **must** be requested in advance when booking. In the event of bad weather, please contact the organiser before leaving home.

### Sunday 8<sup>th</sup> August

#### Kinder Scout

#### Coach Ramble

'L' party: Leader – Warren J	10 miles. Snake Inn, A57, Fair Brook, Kinder Downfall, Edale Rocks, Hayfield.
'M' party: Leader – Teresa M	6.5 miles. Snake Pass Summit A57. Mill Hill. Williams Clough, Snake Path, Hayfield.
'S' party: Leaders – Jane C	5.5 miles. Bus Stop South of Grouse Inn. A624, The Knarrs, Pennine Bridleway, Hayfield

Picnic lunch for all parties.

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375.**

**PLEASE if you have booked a place and for any reason you CANNOT attend, contact David and Gillian by phone before the walk so that we can offer your place to someone else.**

**Please do not turn up to the event without booking because we may have to turn you away.**

### Sunday 22<sup>nd</sup> August

#### Goyt Valley & Shining Tor

#### Coach Ramble

'L' party: Leader – Warren J	11 miles. Cat & Fiddle, Shining Tor, Pym Chair, Errwood Reservoir, Goyt's Lane, Burbage Edge, Buxton.
'M' party: Leader – Jane C	8 miles. Cat & Fiddle, Shining Tor, Pym Chair, The Street, east-side of Fernilee Reservoir. Coach pick-up at Taxal and then to Buxton.
'S' party: Leaders – Isabel & Ann	5.5 miles. Cat & Fiddle, Errwood Hall, west-side of Errwood Reservoir, east-side of Fernilee Reservoir. Coach pick-up at Taxal and then to Buxton.

Picnic lunch for all parties.

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375.**

**Bookings open for this walk at 6pm on Monday 9<sup>th</sup> August. PLEASE if you have booked a place and for any reason you CANNOT attend, contact David and Gillian by phone before the walk so that we can offer your place to someone else.**

**Please do not turn up on the walk without booking because we may have to turn you away.**

### Club Insurance

All walkers on any of the club rambles including guests, members of the meetup website group or new walkers who have not already joined the club, as well as club members are fully insured for 'Public Liability'. This includes accident or injury on a supervised walk or any damage done by the walkers while on a ramble.

**Wednesday 25<sup>th</sup> August**      **Calverton and surrounding countryside**      **Car/Bus Ramble**  
Leader: Julie T/Jane R      5 miles approx. with short cut available. Meet at 10.15 for 10.30 at  
The Admiral Rodney, Main Street, Calverton NG14 6FB. GR 614 492  
Plenty of parking in the pub car park. Please arrive early for menu choices.

Anyone wanting to travel by bus, 'The Calverton' leaves Upper Parliament Street every 15 minutes and comes through Sherwood and Arnold before stopping outside the Admiral Rodney.

The walk will be mainly on footpaths which may be muddy, depending on the weather conditions. There are no stiles but a few gates. This pleasant walk will be along lanes and over undulating countryside with a hill or two that will reward you with some splendid views over the countryside. Pub lunch.

*Non-walkers are invited to join us for lunch. Please advise the Gillian in advance.*

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375** to give the leader some idea of numbers. Please state your name, your contact details, the title and date of the walk when booking.

**Sunday 5<sup>th</sup> September**      **Buxton to Tideswell**      **Coach Ramble**  
'L' party: Leader – Warren J      10.5 miles. Buxton A515, SK062722. Midshires Way, Chelmorton,  
Taddington, Millers Dale, Tideswell.  
'M' party: Leader – Natalia J      8 miles. A515, SK100686, Sterndale Moor, Chelmorton, Wye Valley,  
Tideswell.  
'S' party: Leaders – TBC      6.5 miles. Shortened version of L/M walks.

Picnic lunch for all parties.

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375.**

**Bookings open for this walk at 6pm on Monday 23<sup>rd</sup> August. PLEASE if you have booked a place and for any reason you CANNOT attend, contact David and Gillian by phone before the walk so that we can offer your place to someone else.**

**Please do not turn up on the walk without booking because we may have to turn you away.**

**Wednesday 8<sup>th</sup> September**      **Cropwell Butler Circular**      **Car/Bus Ramble**  
Leader Jane R/Tony W      4 miles circular walk. Start 10.50am.  
Cars meet in the car park of The Plough, Main Street, Cropwell Butler, NG12  
3AB, GR685370. Toilets at start. Circular route via Foss Bridge, Grantham  
Canal, Hoe Hill, edge of Cropwell Bishop. Undulating pastures with views  
towards Vale of Belvoir. Kissing gates but no stiles.

Pub lunch. Please arrive 15 minutes ahead of start to make menu selection.

N.B. Cropwell Butler is accessible once hourly by bus from Friar Lane (Stand F2) Nottingham using the CT4N No33 service. Transit time is 53 minutes and walkers should catch the 9.45am bus alighting at 10.38am Cropwell Butler, Main Street, well in time to join the walk at 10.50am. Return buses from The Green, Cropwell Butler, are scheduled at 12 minutes to the hour. Last bus back to Nottingham at 14.52pm

*Non-walkers are invited to join us for lunch. Please advise the Gillian in advance.*

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375** to give the leader some idea of numbers. Please state your name, your contact details, the title and date of the walk when booking.

**Wednesday 22<sup>nd</sup> September**      **Holme Pierrepont**      **Car/Bus Ramble**  
**Leader:** Teresa M

**Directions by Car:** Poppy and Pint. Pierrepont Road. West Bridgford. NG2 5DX. Parking in pub carpark.

**Directions by Bus:** NCT Bus No 11. Angel Row (A1). Departs 9.41am. Alight Gertrude Road. Turn Right. Cross road. Walk down Gertrude Road to Tennis Courts. Take path between the courts which leads to back of pub.

**Start Walk:** 10.30am. 4.5 miles. Please arrive Poppy and Pint earlier to take food orders. Easy circular route around Holme Pierrepont/River Trent. Opportunities to shorten walk if required.

*Non-walkers are invited to join us for lunch. Please advise the Gillian in advance.*

**To book a place on the walk: Tel: Gillian and David W on 0115 9568375** to give the leader some idea of numbers. Please state your name, your contact details, the title and date of the walk when booking.

### **Ramble Requirements**

All members taking part in rambles must be suitably dressed for the type of terrain and weather conditions expected. Stout boots with good ankle support are essential and waterproofs must be worn or carried. Members must carry a small personal first aid kit and a torch and whistle. Members must be confident of having the physical capability to complete the level of walk selected. Any necessary medication should be carried and the leader informed of any special medical conditions which could be a problem. Any member bringing a guest on a ramble is responsible for ensuring they meet these requirements.

## Social Outings and Holidays

To book a place on any of the holidays listed below, please contact Margaret C. Contact details at the beginning of this newsletter.

### DARTMOOR COACH HOLIDAY Autumn 2021

**We still have spare places available on this holiday. If you wish to book a place for a friend or relative who is not a club member there will be a small extra charge on top of the standard cost.**

**If you have already booked on this holiday, the £50 deposit is now due ASAP.**

Pay by cheque/postal order or bank transfer (please reference your name and what the payment is for). For details on how to pay contact Margaret C, contact details at beginning of this newsletter.

Margaret has provisionally booked accommodation at The New Continental Hotel, Plymouth. **Dates: From Thursday 30th September – 5th October 2021.** The approximate cost will be £486pp including coach fare.

### TENBY COACH HOLIDAY Sunday 19<sup>th</sup> to 24<sup>th</sup> June 2022

**We have spare places available on this holiday.**

We will be staying half/board at the Clarence House Hotel on the south beach and walks will be along parts of the Pembrokeshire coastal path and one day inland on the Preseli Hills. The approximate cost will be £383 pp including the coach fare. All single rooms on this holiday are booked but twin and double are still available.

### Welcome to New Members

We have five new members join the club since the last newsletter: **Christine S, Janet J, Theresa M, Denese C, Regine G** they are a very welcome additions to the club.

## PAST RAMBLES

### Mid-Week Ramblings

#### Wednesday 14<sup>th</sup> July Beeston Rylands and Attenborough Nature Reserve

See photos on the Meetup website. Link:

<https://www.meetup.com/en-AU/Nottingham-HF-Rambling-Club/photos/31534914/>

A lovely walk with HF Nottingham group led by Parminder B. Eleven people turned up on the day. We walked from the Canalside Heritage Centre next to Beeston Lock along to Attenborough Village, into Attenborough nature reserve and back by the Trent. About 5 miles including side trips. There was plenty to see with water most of the way, a WW2 landing craft, the church and flood defences at Attenborough, man made ponds and reed beds, bird watching hides and some water birds. It was a lovely day with cloud cover preventing it from getting too hot. We had coffee and snacks in the heritage centre cafe garden afterwards. A beautiful spot. Linda B



### **Wednesday 30<sup>th</sup> June: Ambergate to Cromford**

See photos on the Meetup website. Link:

<https://www.meetup.com/en-AU/Nottingham-HF-Rambling-Club/photos/31441998/>

Only three of us turned up and two of us were leaders!! However, we enjoyed the day even though the sun did not come out until the afternoon. We walked approximately 7.5 miles. We learned a lot about Rumanian history from our treasurer along the way and was told off by an old lady on the bus coming back, because we were talking and laughing too loudly and too much!!! Thanks to Barbara S for making it possible. Jane R



### **Wednesday 16<sup>th</sup> June: Bestwood Country Park**

See photos on the Meetup website. Link:

<https://www.meetup.com/en-AU/Nottingham-HF-Rambling-Club/photos/31469794/>

A club walk organised by David & Gillian W around Bestwood Country Park followed by a pub lunch (excellent chips) at the Ram Inn (on Mansfield Road). The walk was accessible by car or public transport and was about 5 miles. There were 16 walkers, of which a dozen stayed on for lunch. The weather was not to say the least hot and humid, which was a struggle for some of us! But there was plenty of shade under the trees. Jane R.



---

## **Ageing Aches**

Some of these are too close to the truth:

My doctor asked if anyone in my family suffered from mental illness.

I said, "No, we all seem to enjoy it."

Just once, I want a username and have a password prompt saying: "Close enough."

Being an adult is the dumbest thing I have ever done.

I'm a multi-tasker. I can listen, ignore and forget all at the same time!

Retirement to-do list: Wake up. Nailed it!

Went to an antique show. People were bidding on me.

People who wonder if the glass is half empty or half full miss the point. The glass is refillable.

Retired: under new management. See spouse for details.

Sometimes it takes me all day to get nothing done.

I don't trip. I do random gravity checks.

My heart says chocolate and wine. My jeans say, please, please, eat a salad!

One minute you're young and fun. The next, you're turning down the car stereo to see better.

I'd grow my own food if only I could find bacon seeds.

Losing weight doesn't seem to be working for me. From now I'm going to concentrate on getting taller.

Some people are like clouds. Once they disappear it's a beautiful day.

My body is a temple, ancient and crumbling.

Common sense is not a gift. It's a punishment. You have to deal with people who don't have it.

I came. I saw. I forgot what I was doing. Retraced my steps. Got lost on the way back. Now I have no idea what was going on!!

Sent to me by a retired friend. Jane R

---

### **Committee Meeting**

The next committee meeting is on **Tuesday 10<sup>th</sup> August**. If any member wishes to raise a topic for discussion, please let any committee member know.

### **Oct-Nov Newsletter**

The next newsletter will be published in mid-September. Items for inclusion should be submitted to the editor **NO LATER THAN 27<sup>th</sup> August**.



**Better Walking Altogether**

**[www.hfholidays.co.uk](http://www.hfholidays.co.uk)**

**Tel: 0845 470 8558**

For details and brochures, contact: HF Holidays  
Catalyst House, 720 Centennial Court,  
Centennial Park, Elstree, Herts WD6

---